Dr. Apgar

I just heard about your book *Is My Baby Alright* on television.

I am not pregnant but have plans to be.

I am 25. I work as a speech therapist; my husband is in school. I am 400 miles away from my mother and have no friends here who have had children. Our friends are mostly students. I wanted to ask your advice on what I might read to prepare me for pregnancy. How little I know is amazing. I want to have a baby but I'm so afraid that I'm going to "do something wrong." There are so many things that can go wrong anyway, without my ignorance contributing more.

Working as a speech therapist gives me ample opportunity to see the results of plenty of mistakes.

I plan to get your book. I would appreciate it so much if you could just jot down some helpful sources for me.

Thank you,

Maria Drussel
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